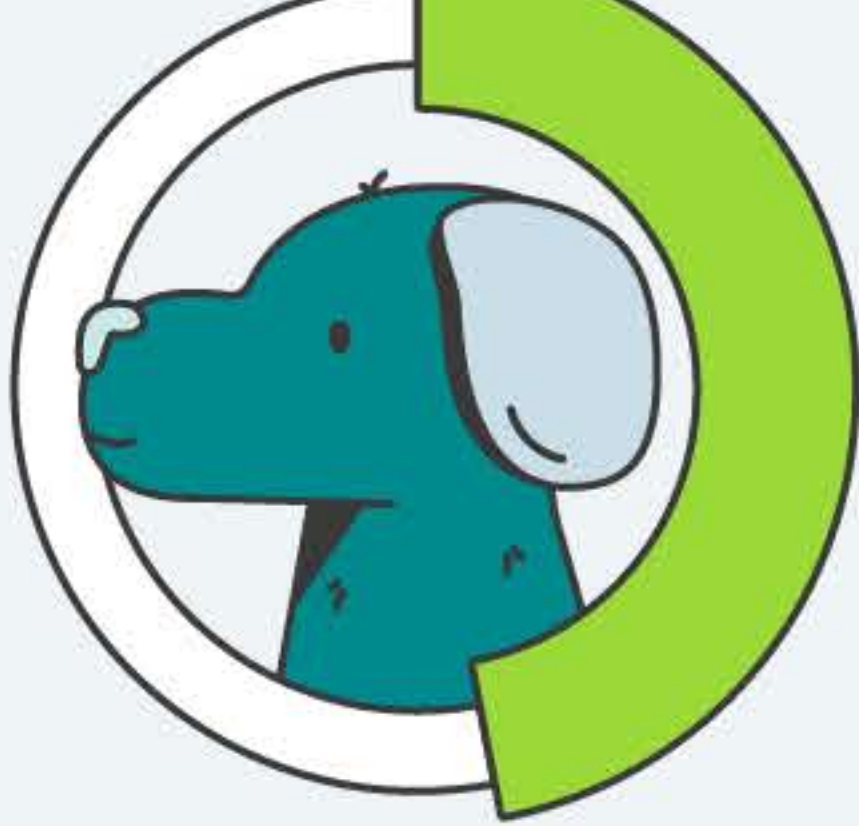
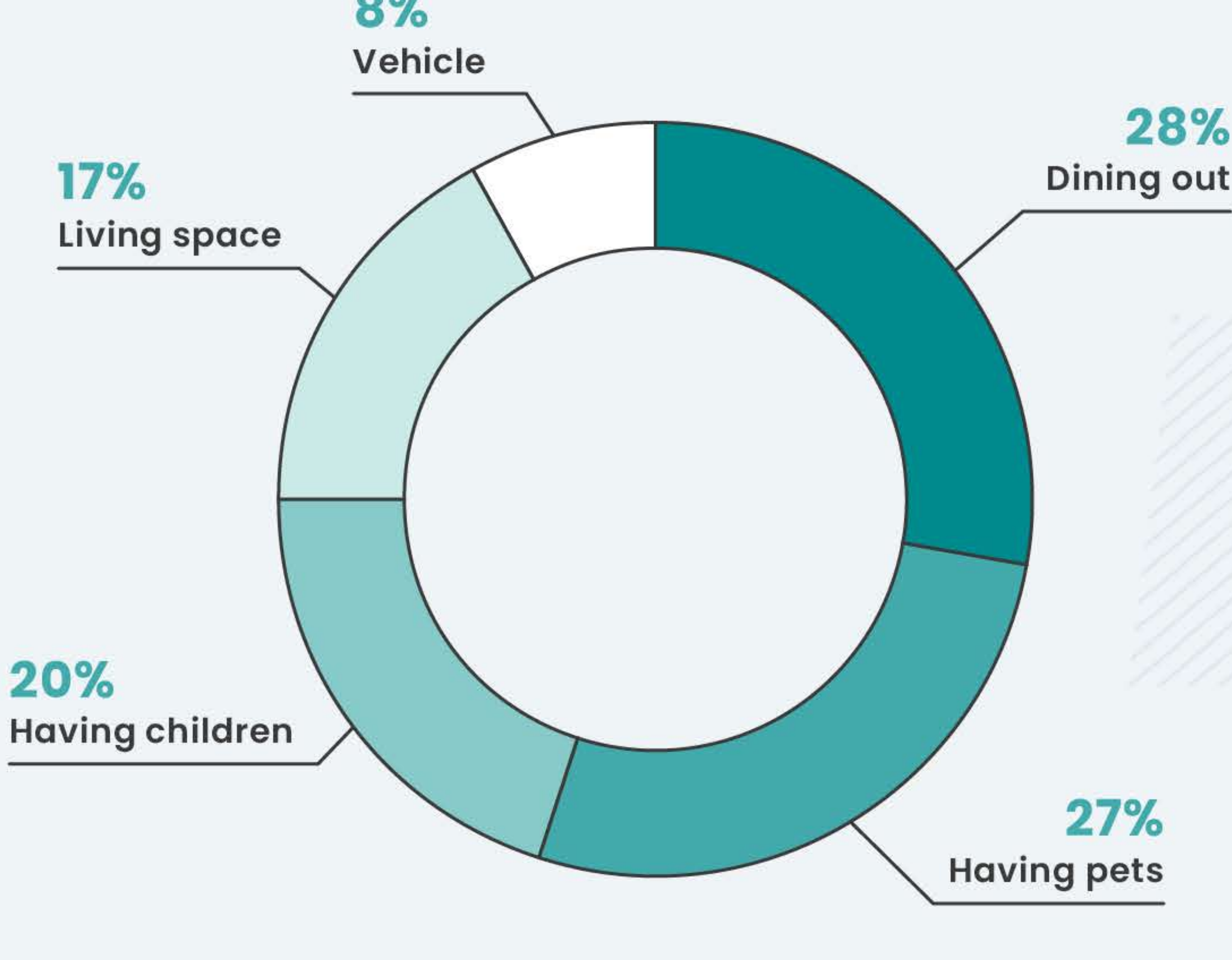


Americans and the FIRE Movement

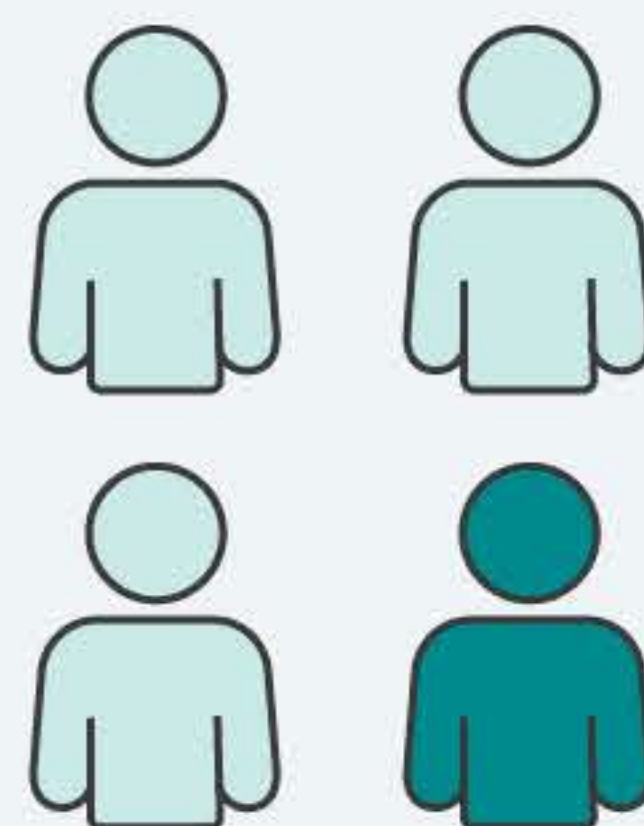
FIRE stands for Financial Independence, Retire Early. Find out what Americans say they would be willing to give up to achieve this and how you can get started.

Americans Would Give These up To Retire Before 65



47% of Americans

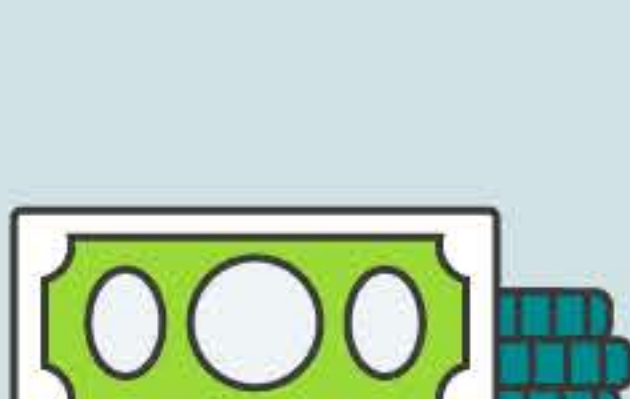
would go without having children or pets in order to leave the workforce a few years early.



1 in 4 American Men

are more willing to give up having pets than dining out.

Adopting the FIRE Method for an Early Retirement



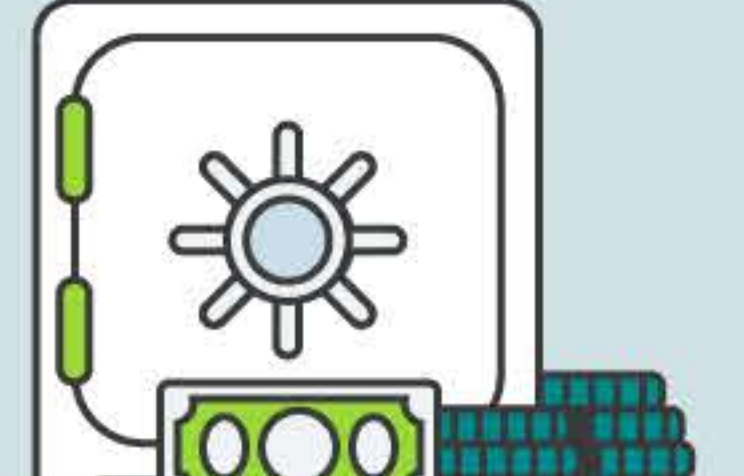
LeanFIRE

- Live minimally
- Spend very little



FatFIRE

- Spend normally
- Save more

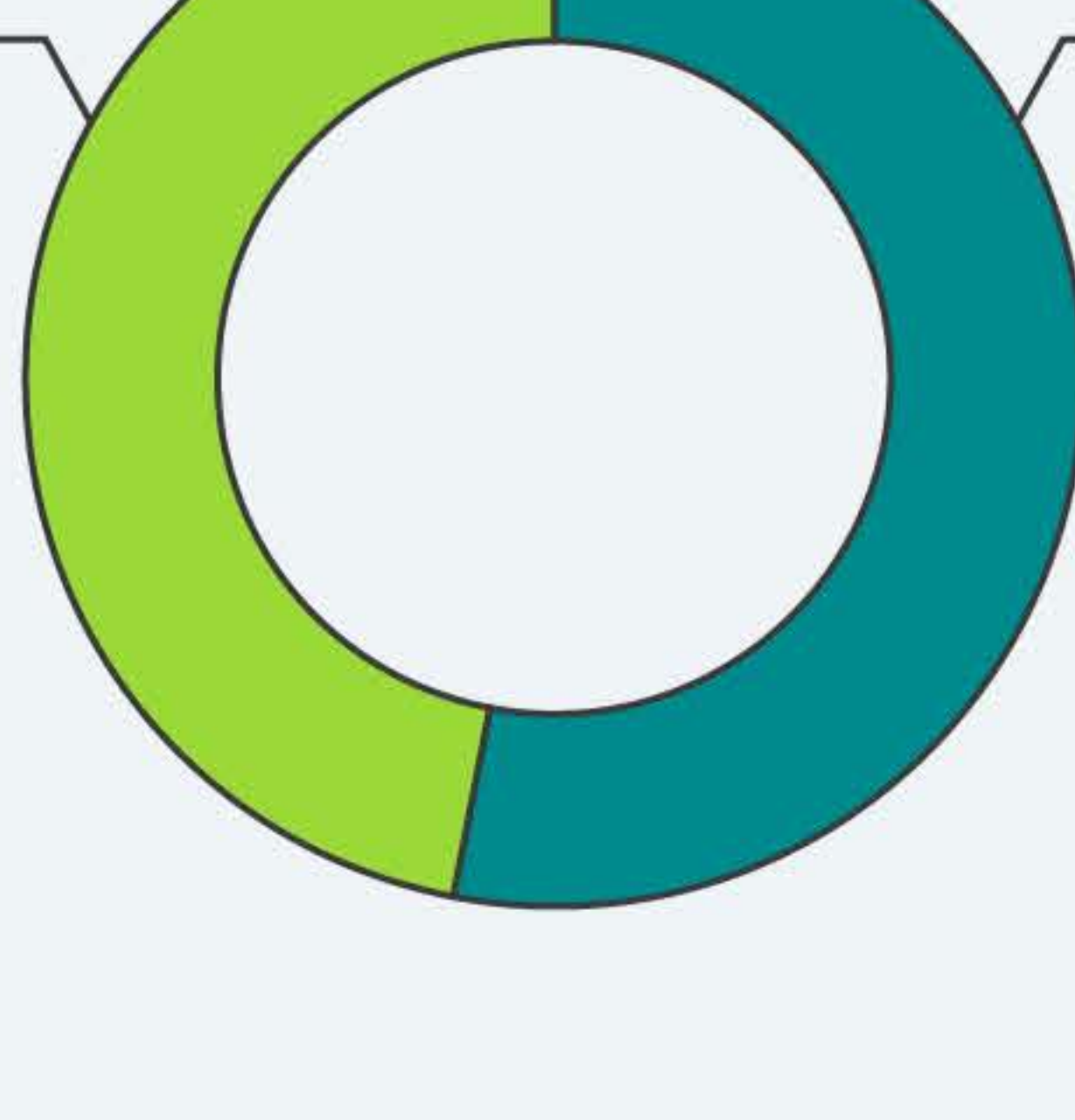


BaristaFIRE

- Save aggressively
- Work once retired

FIRE Movement Participants

47%
Adopt a minimalist lifestyle



53%
Choose to live frugally

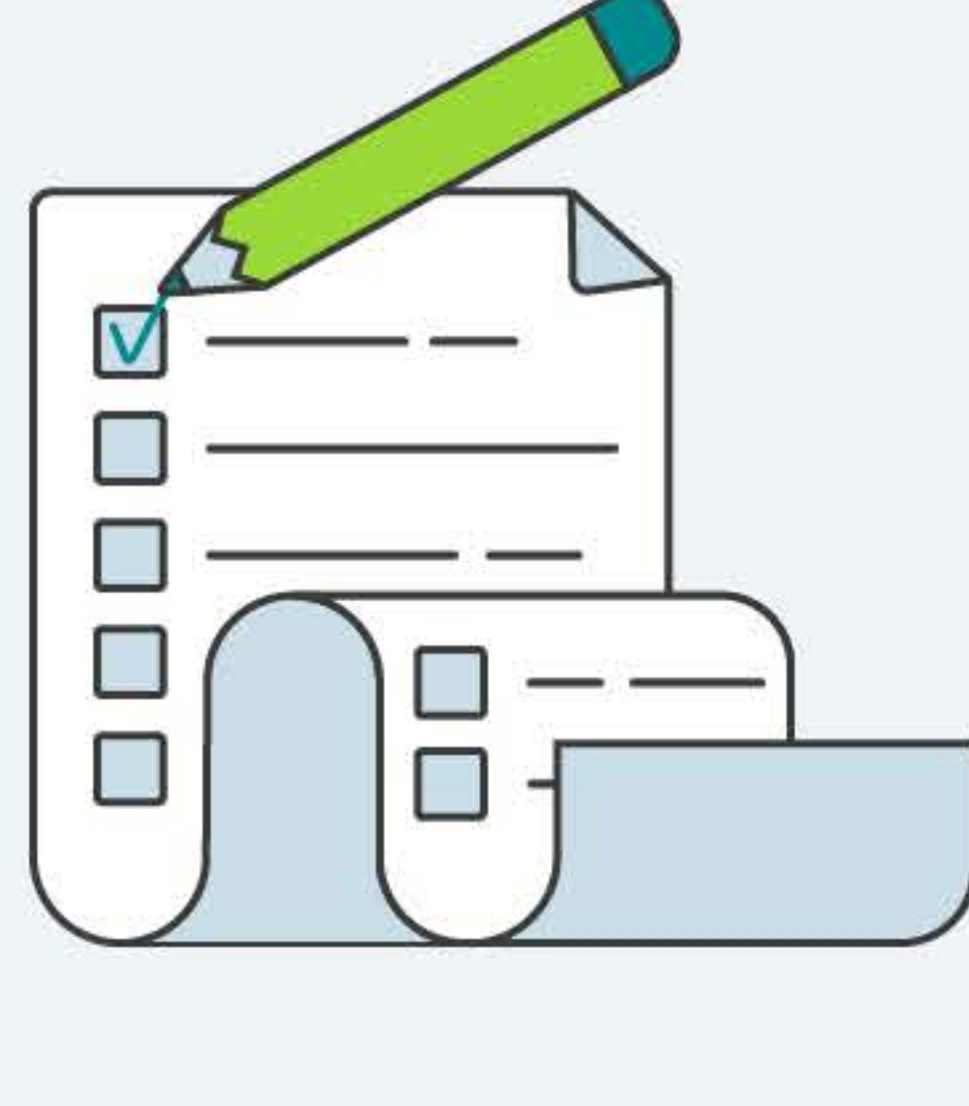


How to Adopt the FIRE Method

Make a Plan

Ask yourself:

- What goals have I set in order to retire early?
- What can I do now, in 5 years, in 10 years and beyond to achieve these goals?



Increase Your Income

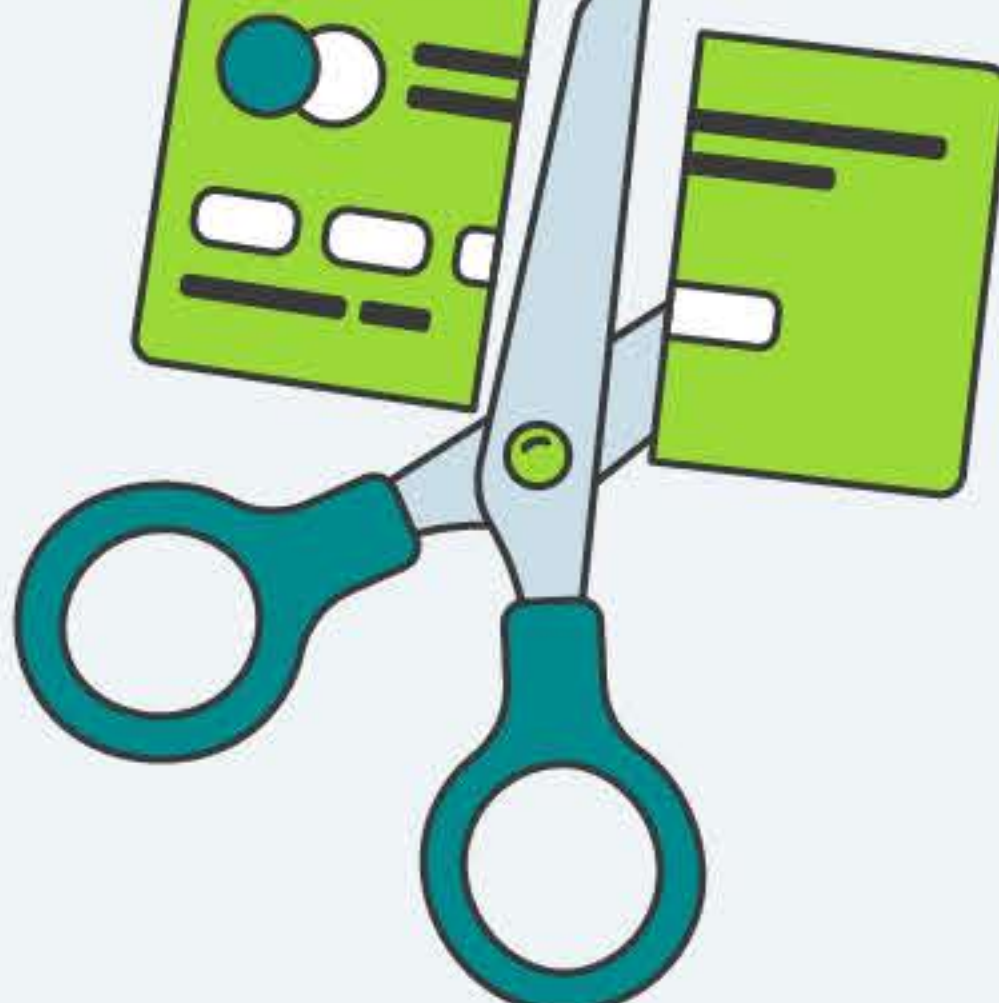
Ask yourself:

- Do I have extra space to rent out or a skill I can monetize?
- Can I pick up another job or find side hustles and passive income opportunities?

Save More Money

Ask yourself:

- How can I decrease my expenses?
- What retirement accounts and other investments can I put more money into regularly?



Eliminate Excess Spending

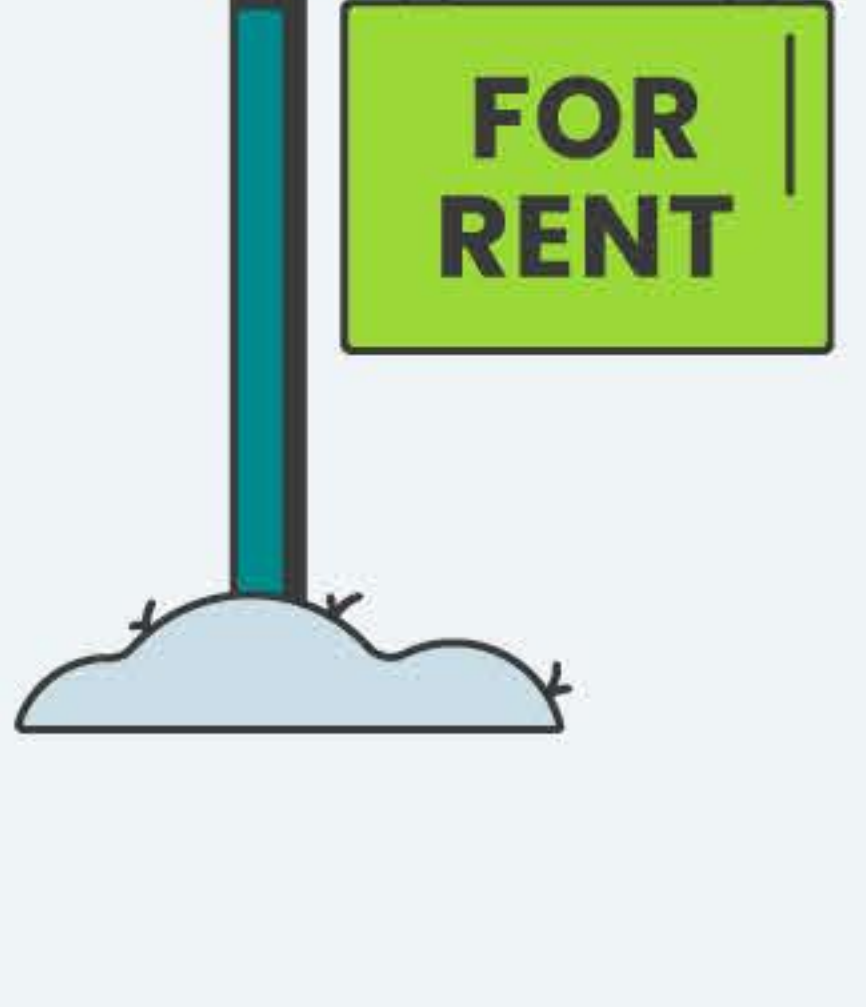
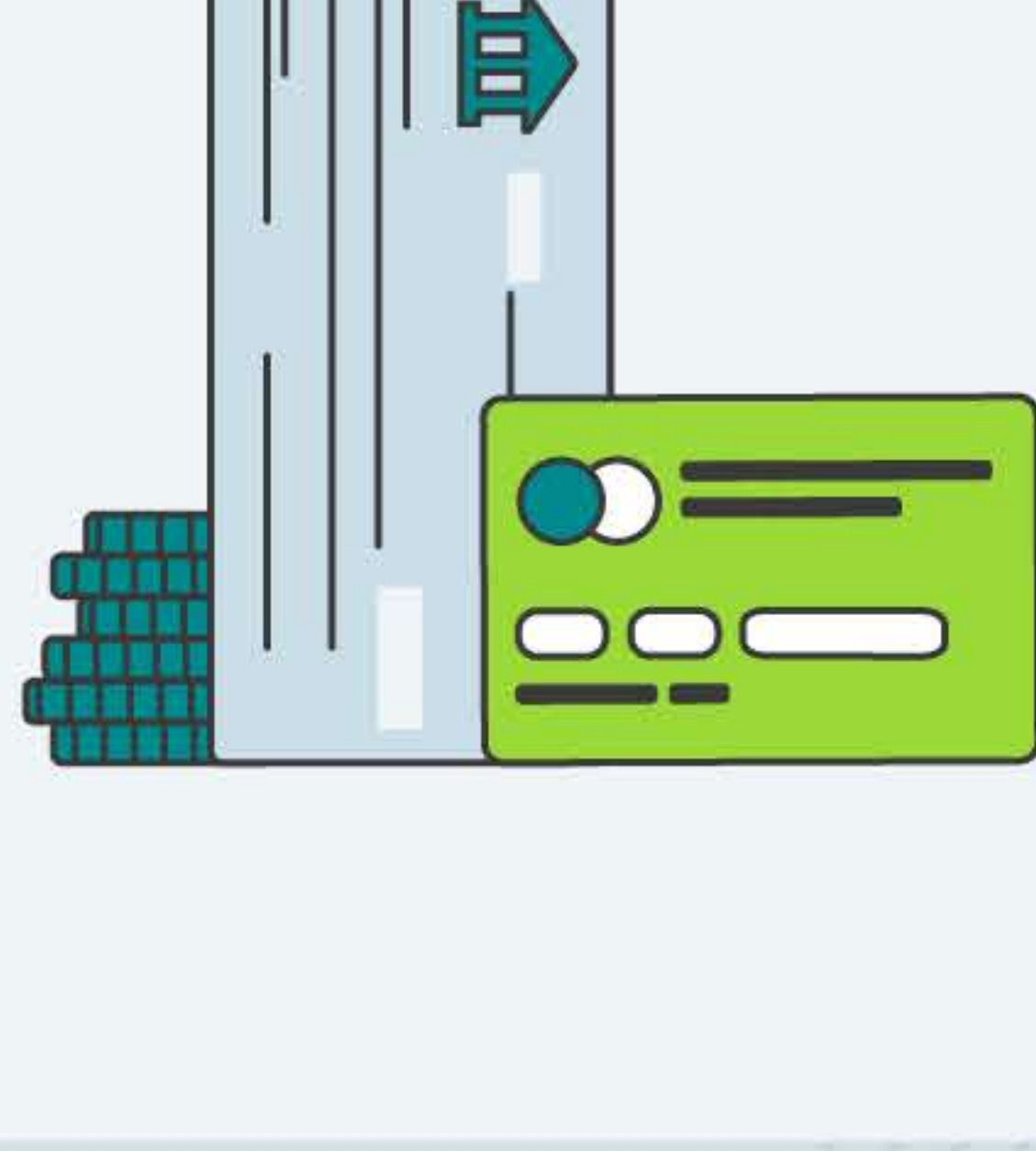
Ask yourself:

- Aside from normal expenses, what do I spend the most money on?
- What goals can I set for myself to eliminate excess spending?

Live Below Your Means

Ask yourself:

- Am I living paycheck to paycheck?
- Am I relying or overspending on credit cards each month?



Downsize or Monetize Unused Space

Ask yourself:

- Can I move somewhere with a lower mortgage or rent payment?
- If not, do I have extra space to monetize that isn't being used?